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**Two Organizations Come Together Strengthening Services for Substance Use & Other Mental Health Disorders**

*Community and Family Resources and Prelude Behavioral Services Join Forces to Help Central & Eastern Iowans.*

**(DES MOINES, IA)** As of July 1, 2022, Central and Eastern Iowans will have strengthened and expanded infrastructure to support the growing needs for services addressing prevention and treatment of problem gambling, substance use and other mental health disorders with the merger of Community and Family Resources (CFR) and Prelude Behavioral Services.

“Community and Family Resources and Prelude Behavioral Services came together to build upon the successful programs and services Prelude provided to central and eastern Iowa by bolstering their infrastructure with the strong management experience of CFR.” stated Bob Thode, President, CFR. “Both of our organizations have a strong and long-standing positive reputation in our communities and this merger will continue to serve our clients and families with no disruption.”

“Through this merger, we will be bringing the best of both organizations to serve our communities, clients, staff, and stakeholders.” exclaimed Char Austin, Board Chair, Prelude. “Our mission is to serve individuals and families impacted by substance use and other mental health disorders, and this joining of forces will strengthen our ability to do such and reach more people.”

Both CFR and Prelude offer prevention and education services, in and outpatient treatment, transitional housing, gambling prevention and other mental health services. CFR offers these in the Fort Dodge, Webster City and Ames area. Prelude Behavioral Services will continue to offer these services in eastern and central Iowa under the moniker of Community and Family Resources (CFR) effective July 1, 2022.

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**ABOUT PRELUDE:**

At Prelude Behavioral Services, we are dedicated to the possibilities of change and committed to enhancing quality of life through accessible behavioral health services, offering services and support in central and eastern Iowa since 1969.

**ABOUT CFR:**

Community and Family Resources is dedicated to proactively assisting individuals, families and communities achieve healthy behavior and lifestyle through advocacy, prevention, and treatment of substance use, problem gambling and mental health disorders.